

Sri Aurobindo College (University of Delhi)



National Service Scheme

NSS Report (2022-23)

1) Har Ghar Tiranga Abhiyan:

Date:- 8 August, 2022

In this event, NSS volunteers visited local areas and our adopted village "Begumpur" to disseminate awareness about "Har Ghar Tiranga and Azadi ka Amrit Mahotsav".





2) Tiranga Yatra:

Date: - 10 August, 2022.

Under this event, NSS volunteers whole heartedly participated in Tiranga Yatra organised at North campus, University of Delhi.



3) Mime show on "Unity in Diversity":

Date: 12 August, 2022

NSS volunteer had performed a mime show on the theme "Unity in Diversity". On the same day ,volunteers also participated in Tiranga Yatra organised by Sri Aurobindo College under AKAM.





4) Amrita Devi National College Paryavaran Competition

NSS volunteers whole h<mark>eartedly partic</mark>ipated in this
Amrita Devi National College Paryavaran Competition, which was hosted by Unnat Bharat Abhiyan
(UBA) in collaboration with Paryavaran Sanrakshan Gatividhi(PSG).



AMRITA DEVI NATIONAL COLLEGE PARYAVARAN COMPETITION- 2022 (ADNCPC-2022)

Hosted by UNNAT BHARAT ABHIYAN

This e-certificate is presented to

Janhavi Sharma Sri Aurobindo College



for successfully participating in ADNCPC-2022 on Tuesday, August 90 2022

on Tuesday, August 90 2022 Certificate Id # 62/20ffleef3e728b4ceae3



PROF. PRAMOD KUMAR

Uškaswam

DR. UMA SHANKAR

PROF SANJAY SINGH

PROF SANJAY SING

Organised by: Paryavaran Sanrakshan Gatividhi



5) ICONIC WEEK

Date:- 14 August, 2022

Throughout this week, volunteers performed various activities such as Swachhta everyone's business, Tiranga Yatra, cleanliness drive, environment enrichment, catch the rain and organized Gram Sabha.





6) Dhi Date:-1st September, 2022 (Project Action on Addiction)

NSS Volunteers made college students aware about social media addiction via act.





7) A RALLY to stop noise Pollution

Date:- 2nd Sep, 2022

NSS volunteers participated in this rally to spread awareness among students and local people about noise pollution whereas this rally was started from our college to nearby areas.





8) Teacher's Day celebration:-

Date: - 5 September, 2022

We celebrated Teacher's Day as a thanksgiving gesture; an interactive session of volunteers with all the teachers.



9) Sukrguzaar:-

Date: 7 September, 2022

In this event, NSS volunteers asked non-teaching staff about their good memories they had in our college. As a form of gratitude, volunteers ended this event by giving chocolates to them.





10) Swacchta Pakhwada: Swacchta Pledge

Date: 9 September, 2022

In which Our Principal Sir Dr. Vipin Kumar Aggarwal, Programme officer Dr. Meenakshi Chaudhary, our teacher coordinators along with our NSS volunteers had taken the Swachhta Pledge.





11) Swacchta Pakhwada:- Awareness Drive

Date:- 9 September, 2022

In this event, our NSS volunteers disseminated 'door to door' awareness about cleanliness in our adopted Begumpur Village.





12) Swacchta Pakhwada:- Cleaness Drive

Date:- 10 September,2022

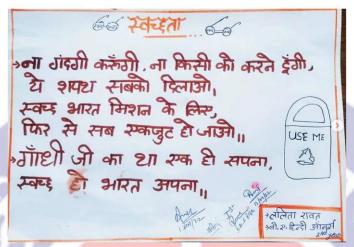
Our NSS volunteers went around Malviya Nagar Market and cleaned the street, wastes around the shops .



13) Swacchta Pakhwada:- Slogan Writing Contest

Date:- 12 September, 2022

Our NSS volunteers enthusiastically participated in this competition and showcased their creative mind while disseminating awareness about the Swachh Bharat mission.



14) Swacchta Pakhwada:- Plogging Run

Date: 13 September, 2022

Our NSS volunteers participated in large numbers and picked up all the small wrappers of Tobacco products and other waste materials and finally, disposed in the public dustbin.



15) Swacchta Pakhwada:- Tree Plantation Drive

Date: 14 September, 2022

Conducted on 14th September 2022 at Qutub Minar. Our NSS volunteers planted a number of saplings with all safety measures that required.



16) Azadi Quest

Azadi Quest is a series of educational mobile games based on India's Freedom Struggle launched by MoIB as a part Azadi Freedom Amrit Mahotsav.

Our NSS volunteers installed these games and got to know about anonymous freedom fighters from different corners of the country. Also, about the glorious journey of India's independence from 1857 to 1947.

17) Anemia Mukt Bharat

Date: - 21 September, 2022

Our selected NSS volunteers attended the forum on - Anaemia Mukt Bharat conducted by "NARCHICON 2022 and Madhukar Rainbow Children's Hospital & BirthRight."





18) NSS Day celebration

Date: 23 September, 2022

The celebration of NSS Day Conducted on 24th September 2022 with the presence of our chief guest Mr. Harsh Deep Malhotra (President Of Dadhichi Deh Daan Samiti), Principal Prof. Vipin Kumar Aggarwal, NSS Programme Officer Dr. Meenakshi Chaudhary, Post holders and Volunteers.





19) We for She (Project Kilkari)

This event was held on 26th September 2022.

NSS volunteers disseminated awareness about the menstruation cycle in our adopted village Begumpur Slum and also, donated pads to underprivileged girls & ladies.



20) fun-

Date:- 27 September, 2022

Date: - 26 September, 2022

This was an exciting musical event to keep our mental health good. Our NSS volunteers took part in teams in which the Winning team was "Sargam"-awarded with an exciting prize.



21) Blood Donation Camp

Date: - 28 September, 2022

Conducted on 28th September 2022 at College campus, to mark the birth anniversary of Bhagat Singh. A crowd of NSS volunteers and college teachers came forward and donated blood for the noble cause.





22) Addiction a crisis (Project AOA)

Date: 28 September, 2022

In this event, NSS volunteers imparted information on various addictions in our college campus.





23) Survey on E-learning

Date :- 29 September, 2022

NSS volunteers conducted a survey on E-learning in the college campus where they got to know the students experience, their stress regarding the same and suggested ways to deal with it.

24) $\square\square\square$ - **An initiative to save soil (Project Vasundhara)** Date:- 30 September,2022 In this event, NSS volunteers spread awareness among students of the college campus regarding soil conservation by means of short dialogues and slogans.



25) Khelotsav (Project Kilkari)

Date: - 2 October, 2022

This event was conducted for the Pathshala kids. To recognise their talents and to make them prepare for upcoming opportunities, various games were organised.





26) Programme on birth anniversary of Mahatma Gandhi and Shri Lal Bahadur Shastri

Conducted on 2 October, 2022 at Central Hall of Parliament.

Our selected NSS volunteers Nitish Jha and Aman participated in the programme and spoke on the contribution of our National Leaders about their ideas that inspired our youth.





27) DDDDDD (Project Kilkari)

Date:- 4 October, 2022

In this event, NSS volunteers showcased the glimpse of Ramayana to the Pathshala kids; conducted a quiz competition and finally, awarded the winner of the competition.



28) Fit India Freedom Run 3.0:- Plog Run

Date: 9 October, 2022

Conducted on 9th October 2022 at Mehrauli Archaeological Park.

NSS volunteers went for an hour plogging in the park, with the concept of fitness and cleanliness. They collected plastic waste and other such materials.





Date:- 2 October, 2022

29) Fit India Freedom Run 3.0:-

Date:- 9th October, 2022

Awareness Rally on plastic Free India

On 9th October, 2022 at Malviya Nagar Market.

NSS volunteers rallied and spread awareness on reducing and replacing the use of plastic.



30) Fit India Freedom Run 3.0:- Walkathon

Date:- 11 Oct,2022

To promote fitness among fellow countrymen, NSS volunteers strolled from our college to qutub minar and encouraged people to increase physical activities and sports in their everyday lives.



31) Fit India Freedom Run 3.0:- Registration

NSS volunteers registered as individually in the Fit India portal and did Running/walking/jogging, according to their convenience.

32) $\square \square , r \square \square \square \square$ (Project Kilkari)

Date:- 9th October, 2022

Under this event, we organized a drawing competition for the children of our adopted village begumpur slum with the theme Dipawali. And the winner was awarded with the prize.



33) Clean India 2.0 : Day 1

Date:- 12 October, 2022

Conducted on 12th October, 2022 at College campus.

NSS volunteers participated in the 'Clean India 2.0' campaign with great zeal and zest.





34) Clear India 2.0: Day 2

Date:- 13 October, 2022

Conducted on 13th October, 2022 at Begumpur village.

NSS volunteers participated in the 'Clean India 2.0' campaign with great zeal and zest. In these 2 days of campaign , 85 volunteers participated and collected almost 11 kg of garbage.



35) 🗆 🗆 🗆 - A Drama on Earthquake (Project VASUNDHARA) Date:- 13

October, 2022 Held on 13th October, 2022 at Begumpur village.

NSS volunteers performed drama on Earthquake and showed ways to the people to protect themselves during this disaster.



36) Desh ke Mentor - Inauguration Ceremony

Date:- 14 October,2022

Held on 14th October, 2022, with the presence of our chief guest Ms. Shubh L Malhotra (Project head of Desh ke Mentor), Mr. Abhinay Pratap Singh (Project Manager of Desh ke Mentor), our Principal Prof. Vipin Kumar Aggarwal, NSS Programme officer Dr. Meenakshi Chaudhary, NSS Teacher Coordinators, Post holders and volunteers.



37) $\Box a \Box$ (Weheal and Kilkari)

Date: - 16 October, 2022

Volunteers of the projects guided Pathshala kids on how they should prepare for their upcoming exam and how to keep themselves stress free. Also, various activities and games were organised for the same.





38) □□□□□□□ (Sehyog)

Date:- 17 October, 2022

Conducted on 17th October 2022, with the presence of our respected teachers $\,$ Dr. $\,$ Vipin Malhotra and $\,$ Dr. $\,$ Soma Pattnaik. In this event, $\,$ PWD students shared their stories and thoughts.





Date:- 21 October, 2022

To save energy consumption NSS volunteers distributed earthen lamps among Pathshala kids and also, promoted local vendors, organized quiz competition on Dipawali.



40) Calorie Meter-

Date: - 31st October, 2022

A survey on Calorie intake (project AOA)

This survey was conducted by our NSS volunteers in our college campus. They told the ways to the students to deal with the problem of calorie addiction.



41) Celebration of National Unity Day

Date:- 31 October, 2022

We celebrated National Unity day on 31st October 2022 to mark the birth anniversary of Sardar Vallabhbhai Patel.



42) Paryavaran Mitra chatra-2022 (Poster making Competition)

Date:- 1 November ,2022

On 1st November 2022, NSS volunteers participated in this competition with the different themes of happiness and environment.





43) $\Box \bigcirc r \Box \cdot A$ nukkad natak on mental health (We heal) Date:- 4 November, 2022 Under this event, Project WeHeal performed a "street play" in the college campus to portray the hidden and often overlooked evil of poor mental health in a student's life and ways to deal with the problems regarding mental health.



44) Rally to stop Video Game Addiction (project AOA)Date:- 4 November, 2022 Conducted on 4th November 2022. Volunteers spread awareness of gaming addiction and its impact on the life of individuals.



45) A RALLY - Walk for Awareness (Project Saviour)

Conducted on 7th November 2022. In this event, NSS volunteers rallied to spread awareness and break common myths of society on Organ Donation. Volunteers covered the whole college campus along with the Malviya Nagar market.



46) □□ □□ □**å** □□ □

Date:- 7 November, 2022

A self analysis program for Pathshala kids (Project Kilkari)

Organised on 7th November 2022. In this event, Our Pathshala kids were given a task to tell their qualities and weaknesses. Then NSS volunteers encouraged these kids to work on their qualities and also gave suggestions on how to cope with their weaknesses.



47) □□□□□□ (project We heal)

Date: 9 November, 2022

Under this event, our college students jotted down their emotions on a crafted tree made by Project volunteers on the NSS wall.



48) National Conclave - Environment and Happiness

Date:- 11 November, 2022

NSS volunteers attended this conclave organised by Bharat Vikas Parishad in collaboration with the Centre for Himalayan studies on 11th November 2022. Under this event, the chief guest hon'ble justice Mr. Adarsh Goyel, Professor Yogesh Singh, and Sh. Suresh Jain threw light on the environment and happiness.



49) *o* □ □ □ □ - □ □ □ □ (**Project AOA**)

Date: 15 November, 2022

Conducted on 15th November 2022. Under this event, a counselling session was organised to know the type of addiction that prevails in society and a survey was also conducted to find out what a person feels if he or she does not get whatever they are addicted to.





50) Open Mic Show-

Addiction a Curse to Society (Project AOA)

Conducted on 15th November 2022, with the presence of our chief guest Mr. Krishn Kumar Gupta (First NSS Volunteer) and our Programme Officer Dr. Meenakshi Chaudhary. Additionally, volunteers presented a drama on "social media addiction".





51) Fun-natics (Project Kilkari)

Date: 14 November, 2022

Date: 15 November, 2022

NSS volunteers celebrated children's day with the kids of our adopted village Begumpur. They organised various activities and games.





52) $\square \square \square \square^a$ - A trip to admire nature (Project Vasundhara) Date:- 16 November, 2022 Conducted on 16th November, 2022. Under this event, Volunteers did an awareness session on the species of flora at City Forest, Mehrauli. From which NSS volunteers got to know about the species of flora, their usage, etc.

Moreover, photography competition was also organised.





53) DU Centenary Run under Fit India Movement.

Date:- 17 November, 2022

Under this event, our NSS volunteers participated in the Centenary Run under the aegis of Fit India freedom movement which was flagged off by the Olympic gold medalist Neeraj Chopra.



54) Session on Physical Health

Date: - 16th December, 2022

Under this event, Dr. Anil Sabhar<mark>wal was invited</mark> as a guest speaker on the topic Physical health who taught volunteers about the physical health and proper diet.

55) □□□ - Collection Drive

Day 1:- 3 Jan, 2023

NSS volunteers set-up desk at various locations in college and asked people to come forward and donate winter clothes to the needy ones.



56) Day 2:- 4 Jan, 2023

NSS volunteers participated in the winter clothes collection drive by donating woollen clothes and blankets to the needy ones.



57) Day 3:- 5 Jan, 2023

NSS volunteers participated in the winter clothes collection drive by donating woollen clothes and blankets to the needy ones.



58) Subharambh - An Orientation Program

Date: 6 January, 2023 Conducted on 6th January, 2023 in which freshers were acquainted with all the necessary information, rules and regulations and a way forward of NSS



59) Mega Collection drive

Date: 9 January, 2023

Under this event, NSS volunteers visited nearby local areas of malviya Nagar, visited door to door and collected more than 30 bags of winter clothes.



60) □□□- **Donation Drive**

Date:- 10 January,2023

Under this event, NSS volunteers visited Rain Basera of Nizamuddin and donated winter clothes to all the needy ones.



61) National Youth festival -12-16 Jan.

Conducted on 12-16 January 2023 at Hubballi, on the occasion of birth anniversary of Swami Vivekananda. In which, our NSS volunteer Lalita Rawat participated and represented our culture and tradition.





62) \Box

□ □□ □□□ (Project Kilkari)

Date:- 14 January,2023

Conducted on 14th January 2023. In this event, our NSS volunteers rallied and did a door to door campaign in Begampur village, to encourage children to join our "Pathshala".



63) Prakram Devas-Various Competitions

As a part of Parakram Diwas, the Ministry of Defence organised various competitions in which our NSS volunteers participated whole heartedly.

64) G20 Conclave

On 8 February 2023, Sri Aurobindo College organised G20 Conclave in which our NSS volunteers participated enthusiastically and celebrated India's G20 Presidency.

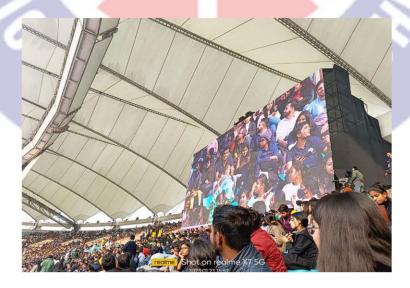
65) 'Adi Shaurya: Parv Parakram Ka' - Day 1

On 25th January 2023, our NSS volunteers visited Jawaharlal Nehru stadium and witnessed a colourful show of tribal dances and performances by armed forces to mark the birth anniversary of Netaji Subhash Chandra Bose.



66) 'Adi Shaurya: Par<mark>v Parakram Ka' - Day</mark> 2

On 25th January 2023, our NSS volunteers visited Jawaharlal Nehru stadium and witnessed a colourful show of tribal dances and performances by armed forces to mark the birth anniversary of Netaji Subhash Chandra Bose.



Date: 20 January, 2023

Conducted on 20 January 2023 at Begumpur village. Under this event, volunteers showed the harmful impact of cigarettes on human lungs through an experiment. For the smooth conduction of the experiment, disposable masks were distributed to the crowd.





68) DDDD:A Happy Destination (Project We heal) Date: - 22 January, 2023 On 22 January 2023, Project volunteers visited an orphanage. They spent time with the children and also organised fun activities like dancing, singing and many more. They also distributed packed eatables and stationery items.





69) Tarang on occasion of Republic day (Project Kilkari) Date: - 25 January, 2023 Conducted on 25th January 2023, our Volunteers celebrated the Republic Day with our Kilkari kids. Various competitions were organised for kids like dance, quiz, singing, etc. and the event ended with the refreshment, provided to them by our NSS Programme officer.





70) Date:- 27 January, 2023 Conducted on 27th January, 2023. In this event, our NSS volunteers brought bird feeders and put them at various places in the college campus, as the seemingly small act of feeding birds can have an immeasurable impact on our local ecosystem.





72) Toxic 02 - discussion of Air Pollution

Date: 30 January, 2023

Conducted on 30th January, 2023. In this event, volunteers came together and organised a group discussion on air pollution with Pathshala kids. with the aim to find solutions to curb air pollution and disseminate awareness.



73) Nav- | | | : | | | | | | (Project We heal) Date:- 31 January, 2023
Conducted on 31st January, 2023. In this mega event, an interactive session was held on
"Detoxification: Speaking Heals" by our guest speaker, Mrs. Tanya Chadha Khurana (founder of My Safe Circle, Mental Health Wellness Expert and social activist). In which our volunteers participated







75) □□□□□□□□ - A Nukkad Natak (Project Sehyog) Date: 1 January, 2023 Conducted on 1st February, 2023. Under this event, project volunteers performed a nukkad natak to showcase the sufferings and atrocities of PWD students which they face in their daily lives and also highlighted the ways to understand and help these people.



76) Blood Donation - Random Volunteer

On 7th February 2023, one of our NSS volunteers- Mohammad Kaif donated the blood to a needy patient at ILBS, Vasant Kunj .

77) Blood Donation - Random Volunteer

On 11th February, 2023. Two volunteers of our NSS unit namely- Abhishek Kumar and Alkesh Pratap Singh donated blood at ILBS to needy patient.

78) Workshop on physical and mental health

Conducted on 18th December 2023. In this event, our volunteers visited the Sheraton hotel, saket, where they attended the Workshop on Physical and mental health .



79) harmony of hearts (Project aoa)

Conducted on 1st February 2023 at College campus. In this event, project volunteers organised a music therapy session that helped the crowd to overcome their stress, anxiety, and depression. After the event, the crowd was asked about their experience.





Date: 18 Dec. 2023

Date: 1 feb, 2023

80) environer sucutum (Project Vasundhara)

Conducted on 3rd February, 2023. Under this event, Project volunteers asked the people to write down their unique ways to protect and conserve the environment.



81) navjyoti (Project Saviour)

Conducted on 3rd February 2023 at College campus. Under this event, project volunteers tested the knowledge of students about organ donation through puzzle solving and also disseminated awareness on organ donation.





Date: 3 feb, 2023

Date: 03 Feb, 2023

Date: 13th feb, 2023

82) inter nss presentation competition - Guzarish

On February 13, 2023, our NSS team participated in the Inter-NSS presentation competition organised by Sri Venkateswara College and secured the 2nd position out of a total of 14 teams from different colleges and universities.

83) parvarish esi bhi - (project kilkari)

Conducted on 10th February, 2023. In this event, volunteers conducted a nukkad natak on "Toxic Parenting" in the college campus as well as in Begampur village.





Date: 10th Feb, 2023

84) Fun wall (Project Sehyog ek-pehal)

Conducted on 10th February, 2023. In this event, project volunteers organised games and quizzes for the PWD students of our college and winners were awarded with exciting prizes.

85) exonerate (project Action on Addiction)

Conducted on 14th February, 2023. Under this event, volunteers visited Sucheta Memorial School, Gurugram, where they interacted with the students of classes 10 and 12 and performed a live performance, showing the harmful effects of addiction. They also taught them the ways to overcome addiction.



86) programme on women empowerment

Date: 21st February, 2023

Date: 22 Feb, 2023

Date: 10th feb, 2023

Date: 14th feb,2023

Our NSS volunteers enthusiastically attended a programme on women's empowerment, organised by the Delhi Police, in which Ms. Anjana Om Kashyap (senior journalist and Anchor, Aaj Tak), Indira Banerjee (8th Women, Former Justice of the Supreme Court of India), and other famous dignitaries came and shared their views and their life stories on transformation, challenges, and changes. Our volunteers listened to them desperately and were inspired by them.



87) Ibelong (project WeHeal)

Conducted on 22nd February, 2023. In this event, Project volunteers asked students to write their thoughts on the given topic, which were related to world issues and put them into the box.



88) Green Beyond belief:-

Date: 2nd march, 2023 Conducted on 2nd March, 2023. Under this event, volunteers came together and conducted a door to door campaign on Solid waste management.



89) Har ghar dhyan

Conducted on 3rd March, 2023. Our NSS volunteers visited the University sports complex and attended the programme on "Meditation and Mental health" by "Shri Shri Ravi Shankar ji" (founder, Art of living), organised by University of Delhi under Har ghar Dhyan.

Date: 3rd march, 2023



90) Aanchal (project kilkari)

Conducted on 6th March 2023, on account of International women's day. In this event, our volunteers encouraged Pathshala kids to prepare greetings for their mothers and the best three entries were awarded with exciting prizes.



Date: 6th March, 2023

Date: 28th March, 2023

91) open mic show (Project Kilkari) Theme: Role of women in society

On the occasion of International Women's Day, on 6th March 2023, an Open mic show was conducted with the theme "Role of women in society". In which college students and the NSS volunteers participated enthusiastically.



92) Samagam - inter nss presentation competitionDate: 28th march, 2023 Samagam (Inter NSS Paper presentation Competition):-

Conducted on 28th march, 2023. This competition was organised under the NSS annual fest, in which NSS units of different colleges participated. Winners were awarded with certificates and cash prizes.



93) Flicks- short film making competition

On 28th March 2023, this competition was organised under the NSS annual fest on the theme of "Women Empowerment" and winners were awarded with cash prizes and certificates.





94) □□□□: painting competition

On 28th march 2023, Painting competition was organised under the NSS annual fest, with the theme "Water Conservation" in which participants showcased their creativity and talent. Winners awarded with certificates and cash prizes.





Date: 28th March, 2023

95) MAD AD: Fictional product competition

On 28th March 2023, a fictional product competition was organised under the NSS annual fest "UNNATI'23" with the theme- "Land of Tomorrow" in which students participated from various colleges and other universities and winners were awarded with cash prizes and certificates.







Date: 29th march, 2023

97) Nartan: Folk dance competition

On 29th march 2023, under NSS annual fest, a cultural folk dance competition was organised with the theme- "Cultural Diversity" in which the dance troupes mesmerized the audience with their performance and winners were awarded with cash prizes and certificates.



98) Rang tarang: Rangoli making competition

On 29th March 2023, under NSS annual fest, a rangoli making competition with the sub-theme "Protect Girl Child" was organised in which students of different colleges participated and winners were awarded with cash prizes and certificates.

Date: 29th March, 2023



99) Rap-it-up: Rap and beat box competition

Date: 29th March, 2023 On 29th March 2023, Rap and Beat box competition was organised under NSS annual fest, in which students from various colleges participated and winners were awarded with cash prizes and certificates.



100) Tarang: Hindi solo mash-up competition

Date: 29th march, 2023 On 29th march 2023, Hindi solo mashup competition was organised under NSS annual fest in which participants showcased their talent through their vocals. Winners were awarded with cash prizes and certificates.



101) Tamashaa: Nukkad natak competition

Date: 29th March, 2023 On 29th March 2023, a Nukkad natak competition was organised under NSS annual fest "UNNATI'23" in which troupes from various colleges participated and winners were awarded with cash prizes and certificates.



102) cinema: Bollywood Theme Competition

Date: 29th march, 2023

On 29th march 2023, a Bollywood theme Competition was organised under the NSS annual fest in which students from different colleges participated and winners were awarded with cash prizes and certificates.

SERVICES



